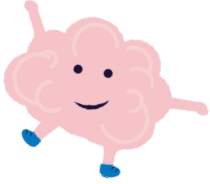


SAM Newsletter

The latest updates related to Solihull Active Minds

If we connect our partners,
Then we can begin to mutually understand each other and build on the strengths of each partner

Because the system wants to improve the health and wellbeing of residents



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System Solutions Grant Launches

We are pleased to announce that our System Solution grant is now LIVE!

The grant has been designed to provide more accessible opportunities for community groups to access funding and support. Grants of £100-£1000 are available for non-constituted and constituted groups.

For more information and to download our Grant Pack [click here](#)

SAM Network Event

On the 27th March SAM welcomed partners and stakeholders to The Junction, Chelmsley Wood to share our journey so far and explore exciting opportunities moving forward. The event was a great success with 17 different organisations attending and sharing their thoughts and experiences.

We also welcomed Ruth Tennant, Director of Public Health to share her thoughts on the importance of SAM in supporting the mental health and physical activity of residents.

Colleagues from Sheffield Hallam University provided great insight into the monitoring and evaluation framework which enables us to capture and understand the impact of system change in improving mental health and physical activity.

To view the presentation from the event [click here](#)

System Solutions Meet the Funder Event

On 24th May at 09:30-11:00am CAVA will be hosting a meet the funder event to promote our brand new systems solutions grant which is launching on 11th May. For more information and to download our grant pack please visit [SAM - Solihull Active Minds - Solihull On The Move](#)

The grants of £100 - £1,000 have been designed to provide more accessible opportunities for community groups to access funding and support. This is achieved by innovative application methods, supporting constituted and non-constituted groups and offering support and advice beyond the funding to help you grow.

The event will go through the opportunity in more detail and give you the chance to ask us any questions you may have.

To sign up to the event [click here](#)

Official
partner of

SAM

Community Panel

Understanding the needs of the residents and their experiences is a key part of shaping SAM. To ensure that residents voices are continually heard we have created a Community Panel to support SAM.

The Community Panel consists of Solihull residents with lived experience of physical activity and mental health. They have played a big part in designing our brand and will be a part of the system solutions application panel. Their experiences and knowledge of the community is invaluable and will help to ensure we provide opportunities to improve the mental wellbeing and physical activity of Solihull residents.

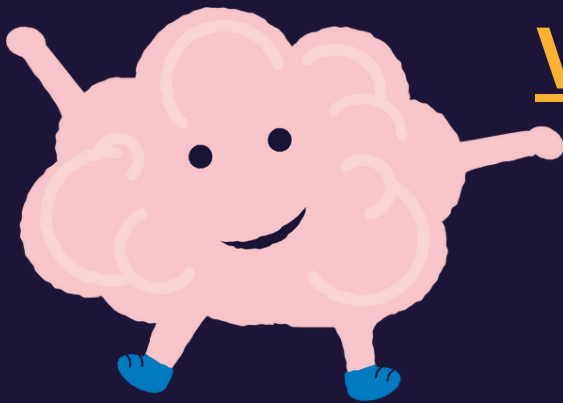
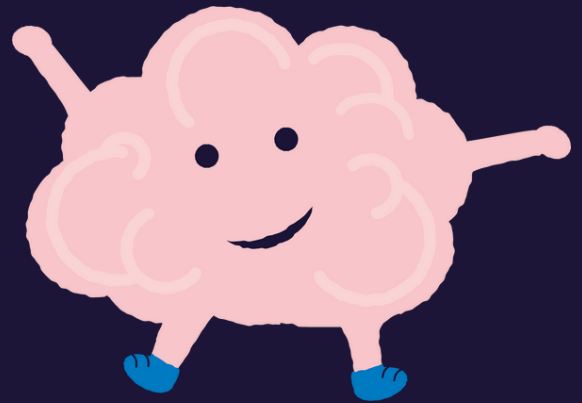
If you know anyone that is interested in joining the community panel please contact solihullactive@solihull.org.uk



Where to find more information

To find out more information about SAM please visit the Solihull on the Move website. The website will provide you with information including:

- What is SAM
- Our vision
- Who are our partners
- What we are trying to achieve
- System Solutions grant opportunities
- Brand, Identity and access to our brand pack
- Application pack



VISIT HERE

How can you support SAM?

To ensure that commitment continues beyond the funding we are asking that you and your organisation take personal accountability for supporting the continuation of the integrated pathway.

This can be achieved by ensuring that you continue to communicate and build relationships with partners across sectors. Continued use of the brand will promote your commitment to both residents and organisations and help spark those initial conversations.

As a partner of SAM:

If you continue to connect with partners,

Then we can continue to mutually understand each other and build on the strengths of each partner,

Because the system wants to improve the health and wellbeing of residents.



For more information on SAM or to access grant documents visit:
<https://solihullonthemove.co.uk/get-support-to-be-active/sam/>