

FANCY SOME HEALTHY MID-WEEK EXERCISE ?

WHY NOT COME OUT FOR THE DAY WITH THE WEDNESDAY WALKING CLUB ?



We are a friendly group of around 40 members that walks somewhere within a 20 mile radius of Shirley every Wednesday, whatever the weather.

The Club was founded in 1981 for people who were unemployed, retired or otherwise free in the middle of the week; folk who were up to walking 7 – 8 miles with a sociable pub stop around half way.

Generally we have 15 to 25 people walking each week so there's likely to be someone interesting to chat to. To find out more & a copy of our programme email wednesday.walking.club@gmail.com

or

Turn up at 9.15 am at the top end of Lidl car park (Sears Retail Park), where the day's walk leader will give out driving directions and we arrange lifts if necessary.

Please bring walking boots (& boot covers if you have them – we always cover or remove our boots in the pub!)

Plus a drink for morning coffee & afternoon tea stops and sandwiches etc to eat at lunchtime.

Plus money to purchase your choice of liquid refreshment from the pub – we like to support local hostelrys and help keep them open!

